Most school lunch programs in America are a scandal.

*Michael Pollan School lunch*

The school lunch program buying large is a disposal system for surplus agricultural commodities.

What happen is that farmers and the industrial systems grow too much of various things.

The government buys it from them to support their prices and their welfare and it dumps them on schools.

Whether it’s you know chopped meat or chicken nuggets or you know whatever it is.

The results is food that is very fatty, high in salt, highly processed and, and, also because of budgetary problems the school cafeterias they no longer have kitchens, they have giant microwaves.

So they are utterly depending on these processed food they couldn’t cook it if they wanted to.

It’s about money, I mean, we spent pennies on each school lunch and you know to treat our children that way, we supposedly care very much about their health and development but we feed them junk. It’s just, you know, it’s just shameful.

And fortunately there is a revolution going on in school lunch and there are efforts to change it

The rules make it very hard to change it.

It’s very hard for a school lunch program to buy locally, to buy whole food. The rules say they have to take the lowest bidder which is often not the local farmer.

And also even if you do want to buy local say you want to serve hamburger made from grass fed beef, well if the government is giving you crummy industrial beef it’s very hard to justify that economically.

So the food, this program is going to change both at the local level with parents and children insisting that they want better food in their schools but also there is going to be changes at federal levels.