

Three Nontoxic Nail Polish Brands



Most of those cute little bottles lined up in your bathroom have a secret: they're filled with chemicals. Some nail polish brands have nearly 30 chemicals all combined. These chemicals can not only be bad for the environment, but also bad for you. The most important thing to look for are brands that are "3-free," meaning they don't use toluene, dibutyl phthalate (DBP) or formaldehyde, which are all known carcinogens. Some brands are also "5-free" when they don't use formaldehyde resin or camphor in addition.

1. **Zoya**. Created by Zoya and Michael Reyzis of Art of Beauty, Zoya nail polish revolutionized the nail industry when it began making toxin-free polish. With new colors released each season, you'll be sure to find the perfect shade for every occasion.

2. **Suncoat**. Since 2001, Suncoat is offering nail polishes with a water base and no toxins. Rather than replacing known toxins with other chemicals, a common practice among nail polish makers, Suncoat uses water. With mineral pigments and natural ingredients, who can complain?

3. **Piggy Paint**. Founder Melanie Hurley was horrified when she saw what the nail polish she was putting on her children's nails were toxic. She decided to make a water-based, non-flammable, non-toxic nail polish that has an almost unnoticeable odor. Piggy Paint are the perfect option for fun-loving kids of any age.

<https://www.ecowatch.com/nontoxic-nail-polish-1881863487.html>