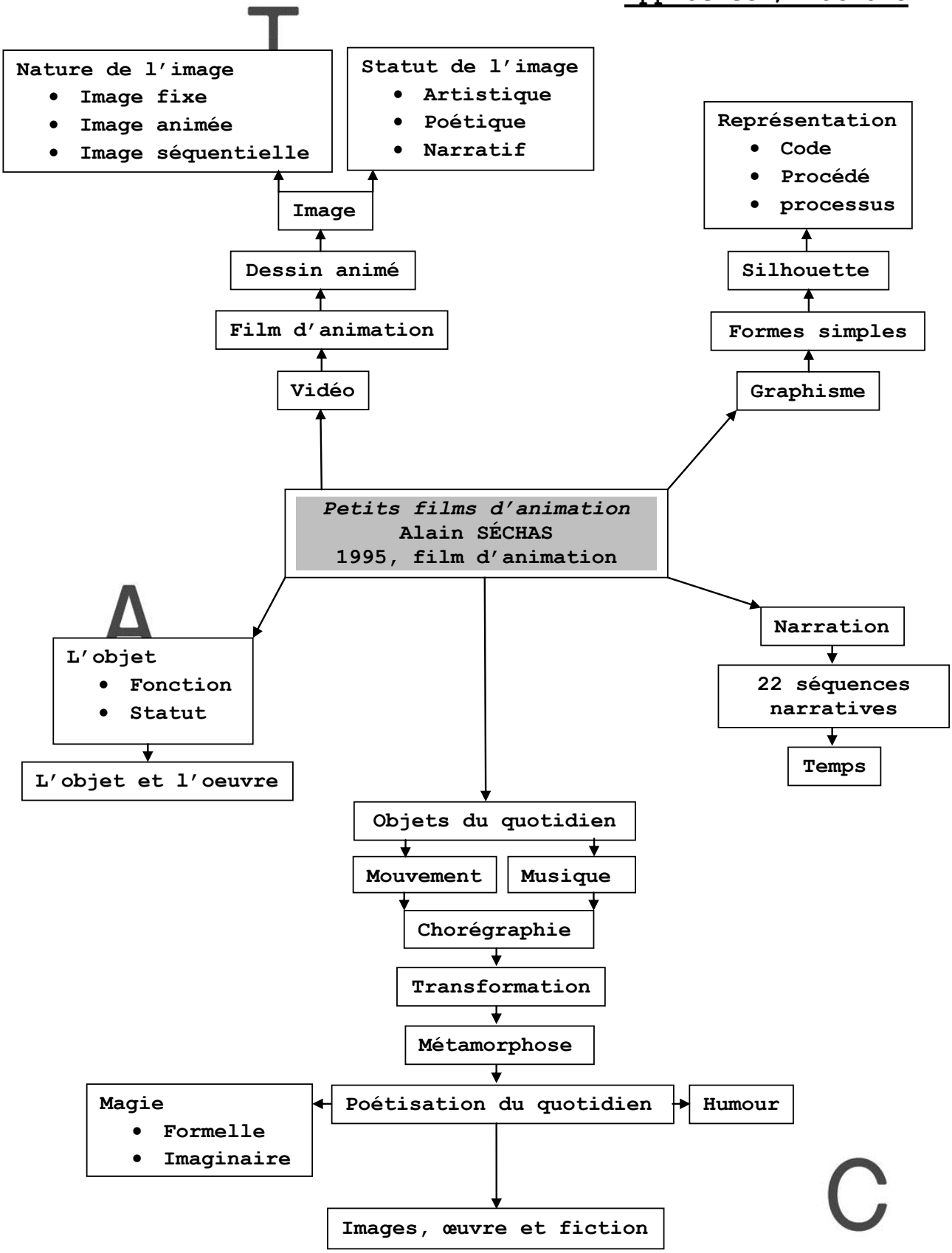Approches / notions